

Comparison Sheet

	Extreme NR-GIZE Shot	Popular 2oz Shot Extra Strength	Popular Canned Energy Drink
Serving Size	2oz.	2oz	8oz
Calories	8	4	100
Sugar	0	0	27g
Carbohydrates	0	0	27g
Sodium	10mg	10mg	180mg
Niacin B3	30mg	40mg	20mg
Vitamin B6	50mg 2,500%	40mg 2,000%	2mg
Vitamin B12	600mg 10,000%	500mg 8,333%	6mcg
Energy Blend	2,300mg	1950mg	1250mg*
American Ginseng	Yes	No	No